



Pre Surgical Instructions

Please try to be prompt to your appointment. There is a lot of pre-surgical set up involved with implant surgery.

You will be given an antibiotic prescription before the day of surgery. Please start the antibiotic the day prior to surgery. Utilize Ibuprofen or Advil immediately after the surgery. We will also prescribe a narcotic pain medication for you to take during the week following surgery as needed.

It is good to have a nice breakfast but limit you liquids and avoid coffee or tea, because these will increase your need to use the restroom. You will be in a fully sterile environment and unable to get up to go to the bathroom during this time, except for an emergency.

If you require oral sedation, you will need to arrange someone to drive you to and from the office. Written and verbal instructions for post-operative care will be given to both you and your driver, but you can always call the office if you have questions later. With sedation, you probably will not remember all of the verbal instructions given to you at the office.

Plan on spending the remainder of the day resting quietly. Avoid heavy activities for at least 24 hours after the procedure.

You will need to prepare to eat a soft diet for the next week.

For the first 24 hours, avoid rinsing, spitting, drinking through a straw. No hot foods or liquids. NO SMOKING.

We will send you home with post-operative care instructions. We will see you back at the office in one week to check or remove sutures.

Some of our radiographic (x-ray) procedures require the removal of any jewelry in the head and neck area. Therefore, you may consider leaving your jewelry at home.

If you have any additional questions, please call the office. We are happy to assist you in any way possible.